Believe in Myself

Miriam Laundry

Pictures by Jenniffer Julich

“This book helps children believe in themselves and improve their self-esteem. Highly recommended!”

Jack Canfield
Co-author of Chicken Soup for the Soul® and The Success Principles”
“Please don’t say Molly, please don’t say Molly,” Molly silently begged.
“Our next Star of the Day is …

MOLLY!” said Mrs. Ruby as she picked a card.
“We’re going to have a Show-and-Tell in the morning. Please bring something to share with the class tomorrow.”
After school, Molly walked home with only one thing on her mind.

“I CAN’T speak in front of the class. I just CAN’T,” she thought.

She thought about it at dinner…

…during her bath…

…until she fell asleep.

Molly felt sick to her stomach.

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The next day, Molly went to school early to talk with Mrs. Ruby.

“I CAN’T be the Star of the Day today,” she blurted, “because a three-headed monster took my Show-and-Tell!”

“Probably to use for his Show-and-Tell,” Molly said.

A three-headed monster?” responded Mrs. Ruby with a smile. “I wonder what the monster needed your Show-and-Tell for?”

Molly stood quietly for a moment. “What is that?” she asked, curiously watching the machine.

“This is called a paper shredder. It cuts up paper and gets rid of it,” explained Mrs. Ruby.

“Wow, it looks hungry!” said Molly as the bell rang.

As the children made their way into the classroom, Maria handed a note to Mrs. Ruby. It read: “I will be picking Maria up early today for an appointment.”

That gave Molly an idea.

“Well, okay. You can be the Star of the Day tomorrow,” said Mrs. Ruby as she continued to shred paper.

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The next day, Molly walked straight to the teacher’s desk and put a piece of paper in front of her.

“You poor thing,” sighed Mrs. Ruby, “you will have a difficult time talking with your friends today.”

Molly bit her nails. She hadn't thought of that!
“Molly, can you push me, please?” asked Maria. “I CAN’T swing by myself, I just CAN’T.”

Molly wanted to tell her to try but she saw Mrs. Ruby and remembered the note. She knew Maria could do it if she just tried...but Molly couldn’t talk. So she gave Maria a push.

“Molly, can you push me, please?” asked Maria. “I CAN’T swing by myself, I just CAN’T.”

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